

# **Hindu and Buddhist Temples – Creating peace and tranquillity**

*by*

***Jeffrey S. Keen***

*BSc Hons ARCS MInstP CPhys CEng*

Whilst visiting such countries as Thailand, Vietnam, Cambodia, and China, it appeared to me that some Buddhist Temples seemed peaceful and tranquil even though there were throngs of people, noisy ceremonies, and hoards of tourists. In these temples I noticed many energy lines, both inside and outside, but it was difficult to dowse because of the crowds or the security guards. Was it the architecture, the location, or man-made spirituality that created this tranquillity?

Whilst in India I had a brief opportunity to research this phenomenon: starting at Sarnaath, where Buddha preached his first sermon. Figure 1 shows a part of this site that includes the tower.

## **Sarnaath**



Figure 1

Sarnaath is about 10 kms from Varanasi, and was built from 249 BC. It was destroyed in the 11th century AD by Muslims. The vast site is now mostly in ruins.

Even so there are many energy lines in a grid pattern, with alternate lines having opposite flows. Where the terracotta paths cross a subtle energy line, the line is highlighted on the ground with thin rectangular tiles. Therefore, these lines would appear to be permanent, do not move significantly, and the builders must have been aware of them. These lines are very straight, and indicated mauve on the mager disc, similar to psi-lines. When asking their age through dowsing it transpired that possibly this grid did not exist before the temples were built, and are over 2,000 years old.

Natural earth energy lines meander. They do not form regular square grids, and they move about over lunar months and eclipses etc. These temple lines have none of these characteristics. The evidence suggests they are man-made.

As well as the grid, there are radial lines from the tower extending to the outer 7th shell of the tower's aura. These are characterised as white on a Mager disc, and end in a spiral.

### Sarnaath



Figure 2

As is apparent from Figure 2, the site is still used for prayer. Our guide was well educated, and as a devout Hindu, he was immersed in Hindu philosophy and traditions, meditated daily, and sounded like many spirituality focused BSD members.

However, he had never heard of dowsing, energy lines, or sensing energy lines and spirals. After showing him dowsing rods and how they reacted, he requested to borrow them. Not only did they work immediately, but after less than 10 seconds he said he did not need the rods as he could now see the lines and feel them.

My initial scepticism was quickly overcome as we walked around the site. By deviceless dowsing he was correctly telling me the location of each line, but more impressively he could feel that alternate lines had different directions of flow. Previously I had not told him about this. I could only do this with rods. This is an excellent example of the power of intent switching on dowsing.

### Chandela Temples



Figure 3

The Sarnaath site was in ruins. The next site, the Chandela Temples, is in pristine condition with superb architecture and workmanship. A small part of this is shown in Figure 3. It was built in the 10th century AD, and is a world heritage site. Hundreds of erotica and pornographic Karma Sutra carvings cover the walls of some of the temples.

A “peace grid” could also be dowsed in parts of this site. Some of the external terracotta floors were laid so that the joins between the slabs were along energy lines. As before, radial lines from the buildings were also marked in the floors.

So, how did the builders produce these tranquil “peace grids”?

That evening I found some parkland adjacent to our hotel, which had no energy lines and was inert when dowsing. Using intent and visualisation, I endeavoured to create a peaceful area similar to Buddhist temples. On subsequent dowsing I found I had created a 5ft x 5ft square grid, as depicted in Figure 4. Adjacent lines had alternate directions of flow. This grid was similar to Psi-lines, and dowsed mauve on a mager disc. It was also orientated to magnetic North-South, East-West. The size and area covered by the peace grid could also be specified as part of the original intent that created them.

### Mind Created Peace Grid

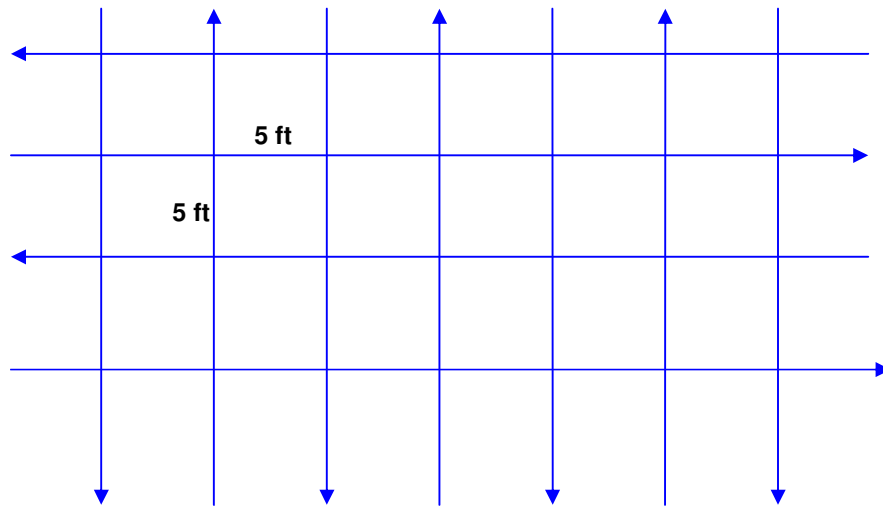


Figure 4

I then experimented by seeing what happens when superimposing matter on the mind-created spiritual grid. As the nearest object was a garden chair, I placed it in the grid. This created 4 diagonals at 45° to the grid, as shown in Figure 5. These lines had an outward flow, but are different to the mauve psi-lines, as they dowse Type 1, and are white on a mager disc.

### Mind and Matter

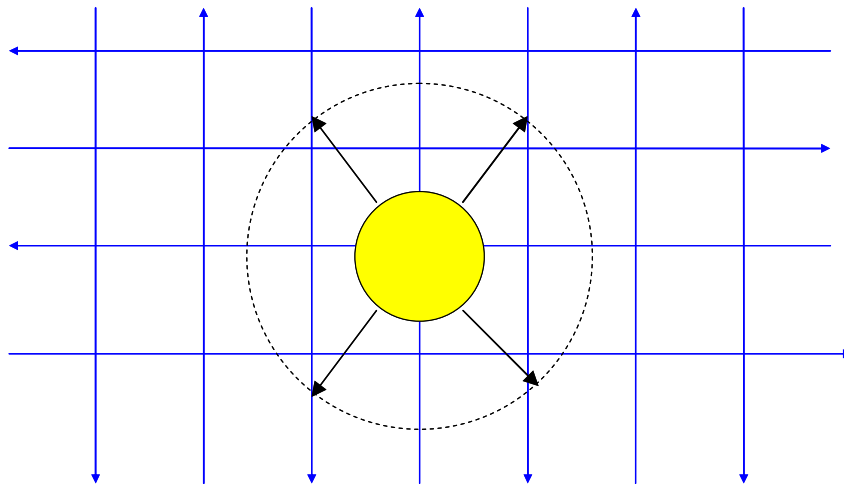


Figure 5

Further investigation showed that 4 diagonals are created for small objects, but more diagonals are created by larger objects, such as the tower at Sarnaath. These diagonals extend to the outer 7th shell of object's aura, and end with a spiral. The mind-created peace grid and diagonals was identical to the findings in the Buddhist temples. The pattern in Figure 5 conjures up visions of General Relativity where matter distorts the geometry of adjacent space.

But was I just dowsing what I believed? I needed independent proof, so without telling our “non dowsing” guide what I had done, I asked him to see if he could detect anything on this area of parkland. He quickly detected my grid with its alternate directions of flows. He also picked up the diagonals from the chair. I had my proof!

As is my usual practice, I deleted my grid when the experiments were finished. What is tranquil for me may be harmful for the many plants, birds, animals and insects in the created grid. On the next day, without any prompting, I asked our guide to see what he could find. Interestingly, our guide automatically went into the Akashic Record and could still detect the grid. However, after I told him to change his intent to “Now” he confirmed he could not detect the grid. This is yet another example of dowsing the correct question.

There was an interesting post script to this story. Over the Easter week-end my family went for a picnic on the estate of the stately home Kingston Lacey, near Wimborne, Dorset, which is now owned by the National Trust. There is much Egyptian and oriental material on display, which was collected by the owners, the Banks family, from about 100 years ago. The large picnic area in the grounds was very peaceful. The many visitors, including the children were well behaved and very friendly. I was surprised to find the same peace grid pattern, but the squares at 10ft x 10ft were twice the size of my original. Moreover, the same diagonals were present where an ancient Egyptian sarcophagus was situated in the grid. I am not aware who created this grid? Was it the builders, owners, or tourists?

A further confirmation was that both Bob Sephton and Jim Lyons, (Dowsing Research Group colleagues), independently created a peace grid in their gardens after hearing the lecture of my discovery. Interestingly their grid was also 10ft by 10 ft at creation, which is twice the size of my grid, with frequencies an octave lower or higher. However, as usual with earth energies, their lines moved over time. Further research is therefore required into how Buddhist temples “lock” the peace lines in position.

So, what is the answer to my original question? How do Buddhist temples obtain peacefulness and tranquillity? The conclusion seems to be that tranquillity is not necessarily a consequence of location, nor is it caused by temple architecture. It is mind-created, as a result of intent, meditation, and visualisation. Perhaps this technique can be used for peaceful crowd control in such emotional and heated situations as political demonstrations, protest marches, rallies, or football matches. This could be yet another application of dowsing, and another BSD SIG!

More information on dowsing research can be found at <http://www.jeffreykeen.org>

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